



Do you know
what's on your
plate?



Food Safety and Regulations in Europe

Food safety in Europe is ensured through a comprehensive set of rules and controls that protect consumers' health. The European Union establishes common standards for production, distribution, and labeling, ensuring high levels of quality and transparency across the entire food chain.


Answers to Questions

1. What is EFSA?

1. European Food Safety Authority

2. What is EFSA's role?

2. To act as an independent, science-based authority within the EU, providing advice and communication on risks across the entire food chain, from farm to fork.



3. Nanoplastics and their risk for food and feed:
What are nanoplastics and where are they found?

3. Plastic particles smaller than 1 micrometer, they are everywhere.

4. Impact of water consumption on food system sustainability: What does water overuse lead to?

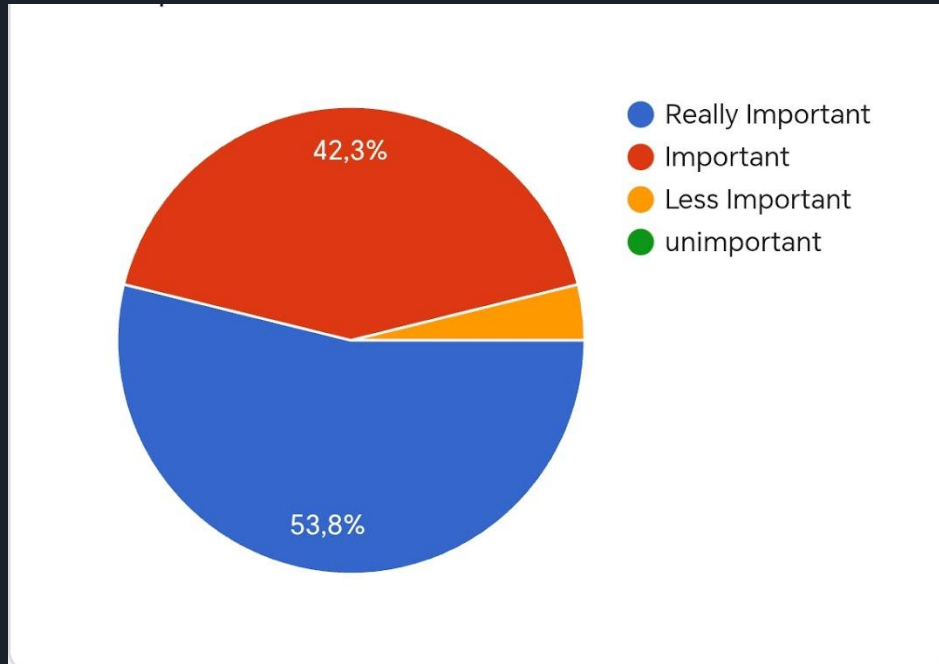
4. The water overuse lead to depletes rivers and aquifers, scarcity and biodiversity loss.

5. Possible strategies for proper education on food consumption: in addition to what is suggested in the slides, what else can be done? How can we promote the culture of food safety and sustainability?

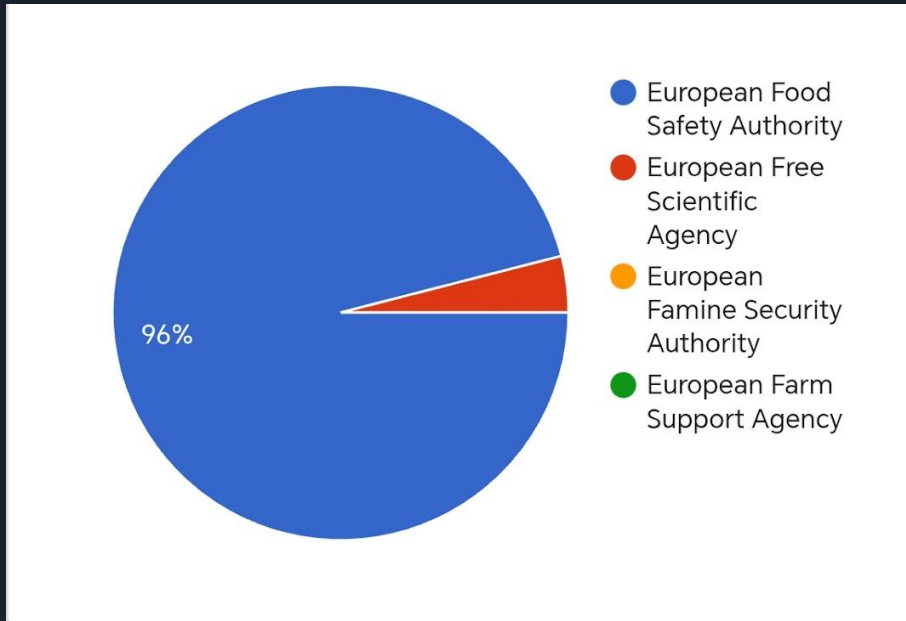
5. Possible strategies for proper education on food consumption are to integrate food safety education hands-on gardens. We can also host community cooking classes and nutrition workshops. It can be helpful use apps, media campaigns and food labels to guide choices. It's important to support local food culture and local traditions while promoting sustainability.




How much do you think EU food regulations impact the price of food products in Italy/Belgium?

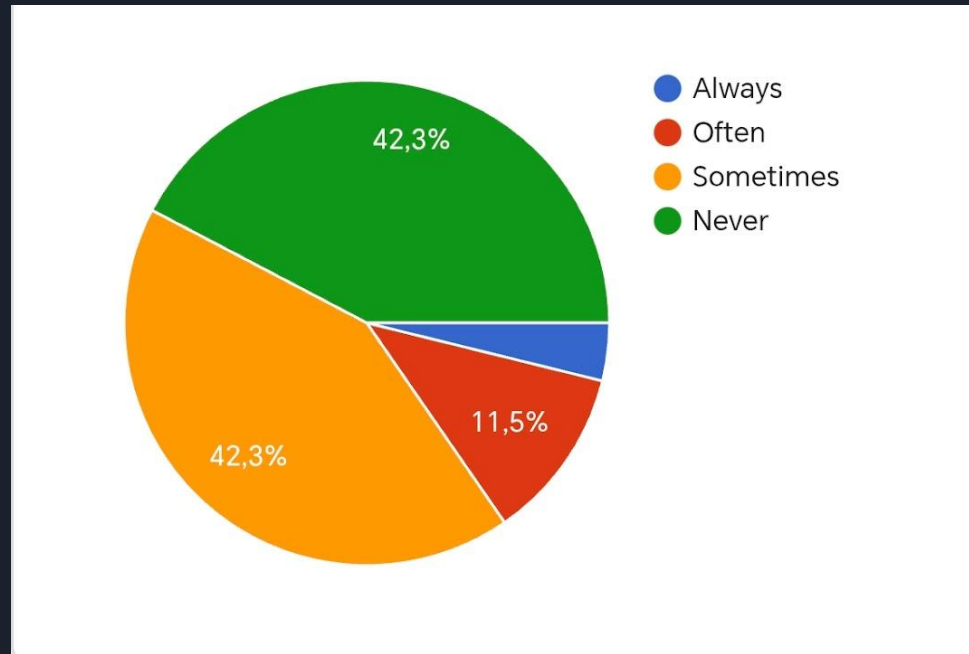


What does the acronym EFSA stand for?

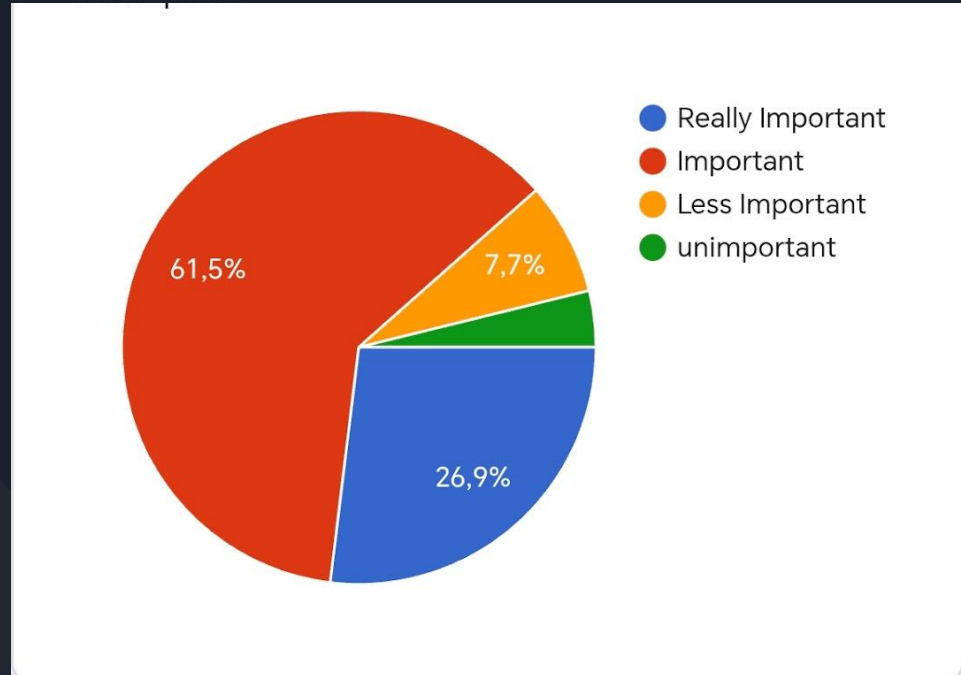




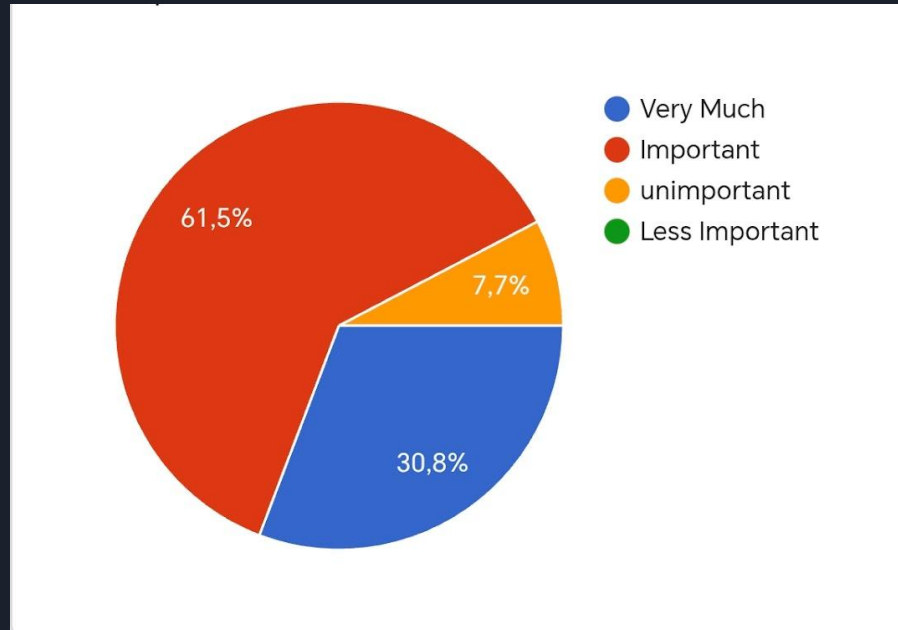
How often do you pay attention to the EU food labels (such as the organic EU logo) when buying food?



How important is it for the EU to set rules on reducing food waste?



How much do you think EU food regulations impact the price of food products in Italy/Belgium?





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