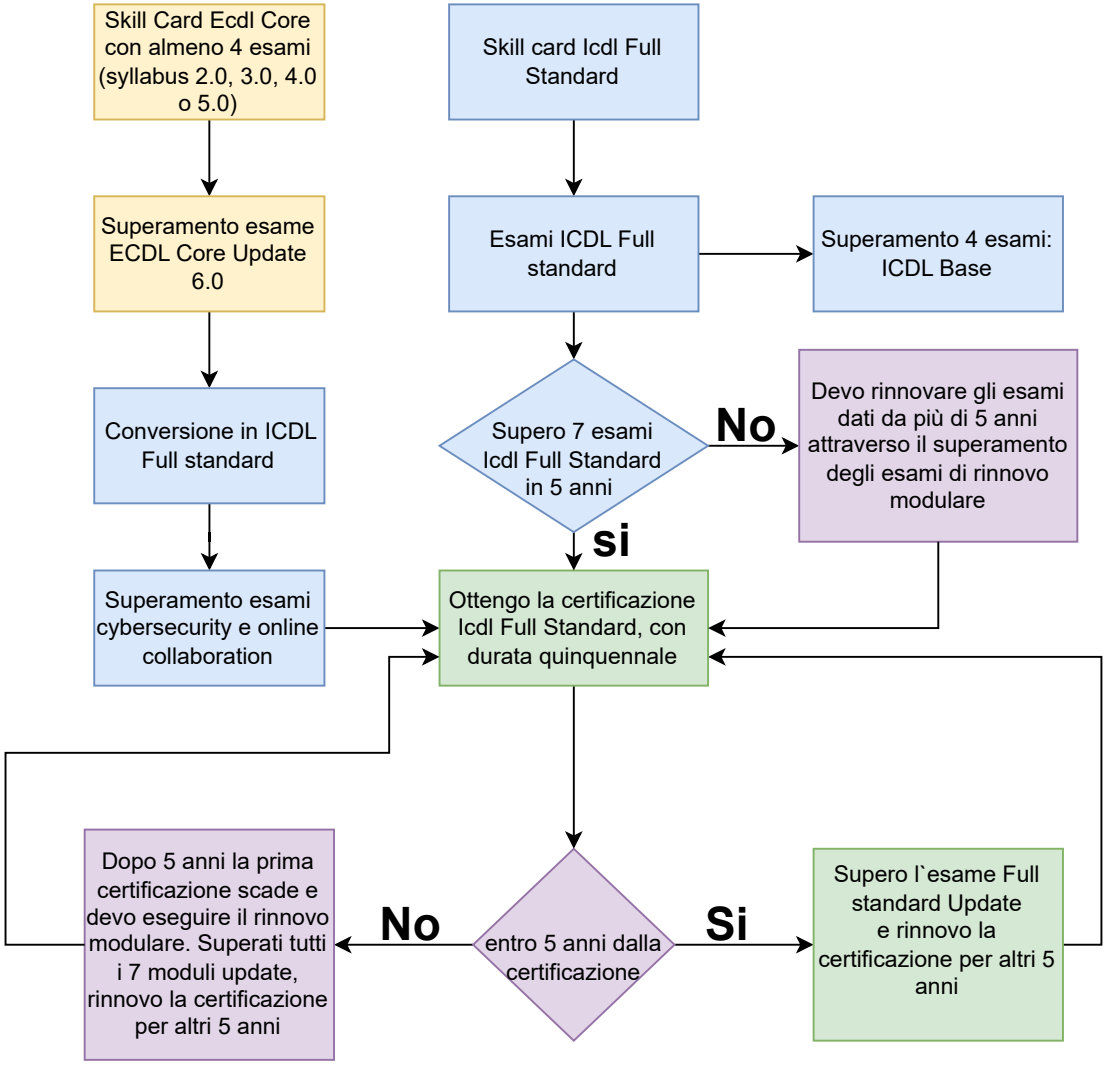Come raggiungere e mantenere la certificazione Icdl Full Standard